

**Virginia Surgical Arts, LLC**  
**Sergio Vendetti MD, DMD**  
1240 Perimeter Pkwy, Suite 401 Virginia Beach, VA 23454

#### IV ANESTHESIA PRE-OPERATIVE INSTRUCTIONS

### **YOUR RIDE MUST BE PRESENT IN ORDER TO BEGIN SURGERY**

This anesthetic always includes local anesthesia

**INTRAVENOUS ANESTHESIA:** Medications are given through a vein in your arm or hand, which will cause total relaxation and, at times, a state of unconsciousness. There will be very little, if any, recall of the events surrounding surgery.

1. **Do NOT eat for 6 hours or drink for 2 hours prior to surgery. However,** it is important that you take any regular medications (high blood pressure, antibiotics, etc. unless otherwise requested by Dr. Vendetti to omit) or any pre-medication prescription that we have provided.
2. You **MUST** have a designated “Care-Giver” **drive you home and someone who can remain at the office during the surgery.**
3. Take any regular medications with only enough water needed to swallow the pills.
4. Please remove any contact eye lenses prior to your appointment.
5. Please remove any fingernail polish or fake nails prior to surgery.
6. **Please remove any facial piercings.**
7. Please wear loose clothing that allows for placement of monitors.
8. Plan to rest for the remainder of the day. Do not operate power tools, machinery, etc for 24 hours after surgery
9. For those taking various medications, **please do not take** the following the morning of surgery:

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For those pre-medicating with antibiotics, please take the medication as directed.

#### **OTHER SPECIAL INSTRUCTIONS:**

**Please refrain from taking any blood thinners (ie aspirin, vitamin E, fish oil or magnesium) for 3-4 days prior to surgery to reduce bleeding.**

*Our goal is to provide you with a safe, pleasant and effective anesthetic. In order to do this it is imperative that we have your full cooperation. Please feel free to ask or call about any questions concerning your surgery or anesthetic.*

**If you have to cancel or reschedule your surgery, kindly notify us at least 24 hours prior to the date and time scheduled or there may be a cancellation fee incurred.**